

## Brag Sheet

(This should accompany your resume to help people who are writing your letter of recommendations for colleges.)

The role of your guidance counselor and teachers in preparing "Secondary School Reports" is to provide an overview of your academic and extracurricular achievement, as well as, some sense of your promise for further personal and intellectual growth. We need your help to provide college admissions officers a clear picture of what makes you, "you." Please give us an honest evaluation of yourself by answering the following questions. Authenticity is imperative in college admissions. Be honest with yourself and with me, brag when necessary.

Name \_\_\_\_\_

1. What 5 adjectives describe you best?

---

---

---

---

2. What are your biggest strengths?

---

---

---

---

3. What areas of your life are you working on improving? How are you making those changes?

---

---

---

---

4. What are you passionate about?

---

---

---

---

5. What are your academic interests? What would you like to major in college?

---

---

---

---

6. What do you think you can contribute to the college you attend?

---

---

---

---

7 Does your academic record reflect an accurate record of your abilities? If the answer is no, please explain why (illness, change in family status, other reason).

---

---

---

---

8. How do you spend your time outside of school? Include hobbies, work, family responsibilities or other commitments.

---

---

---

---

9. What has been your most recent stimulating intellectual or academic experience?

---

---

---

---

10. How is the person who came to high school in 9th grade different from the person leaving in 12th grade?

---

---

---

---

11. What is one thing that you want the recipient of this letter to know about you? Is there anything else you would like for me to include in this letter?

---

---

---

---